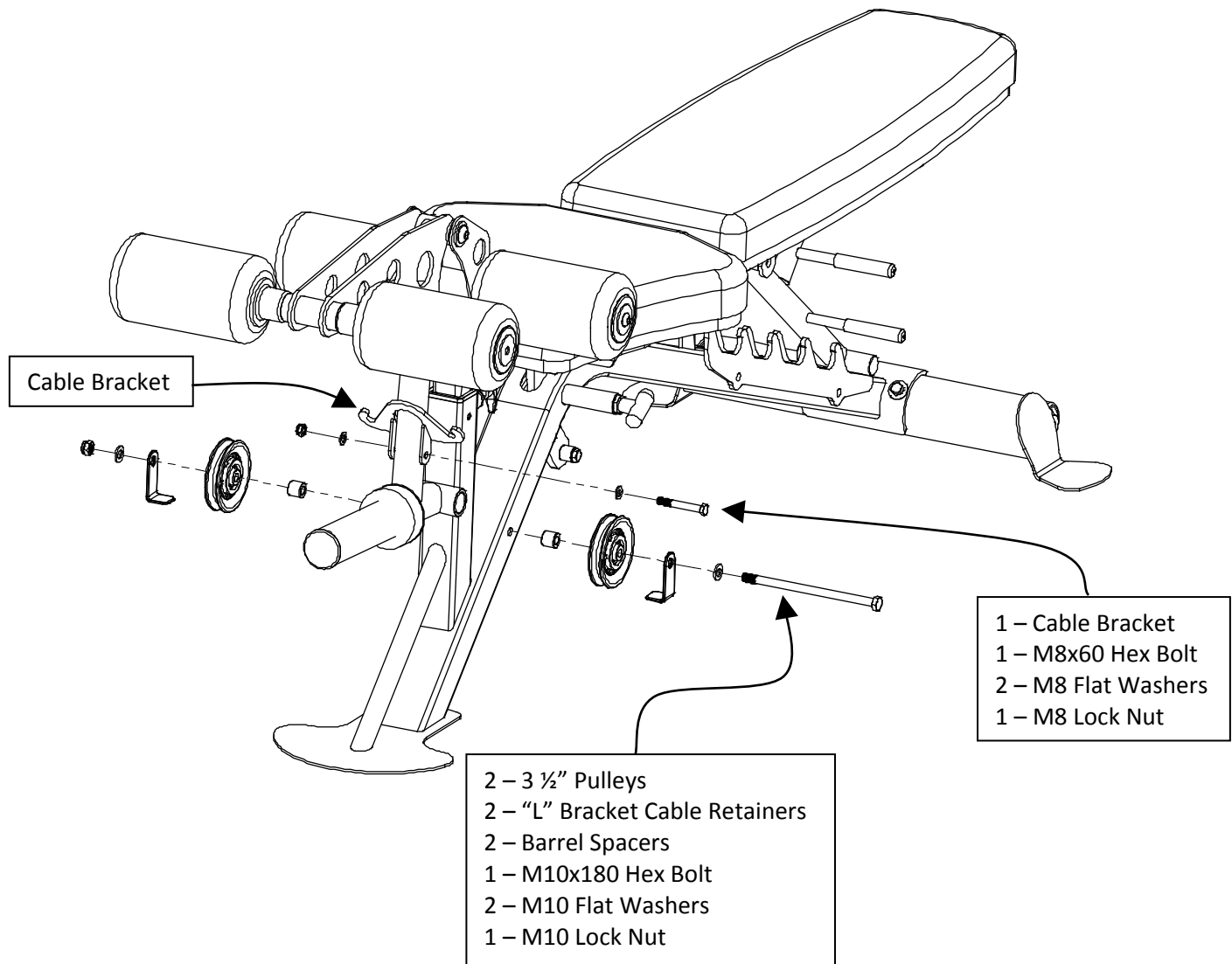


Leg Extension to FT2 Adapter Kit Assembly Steps

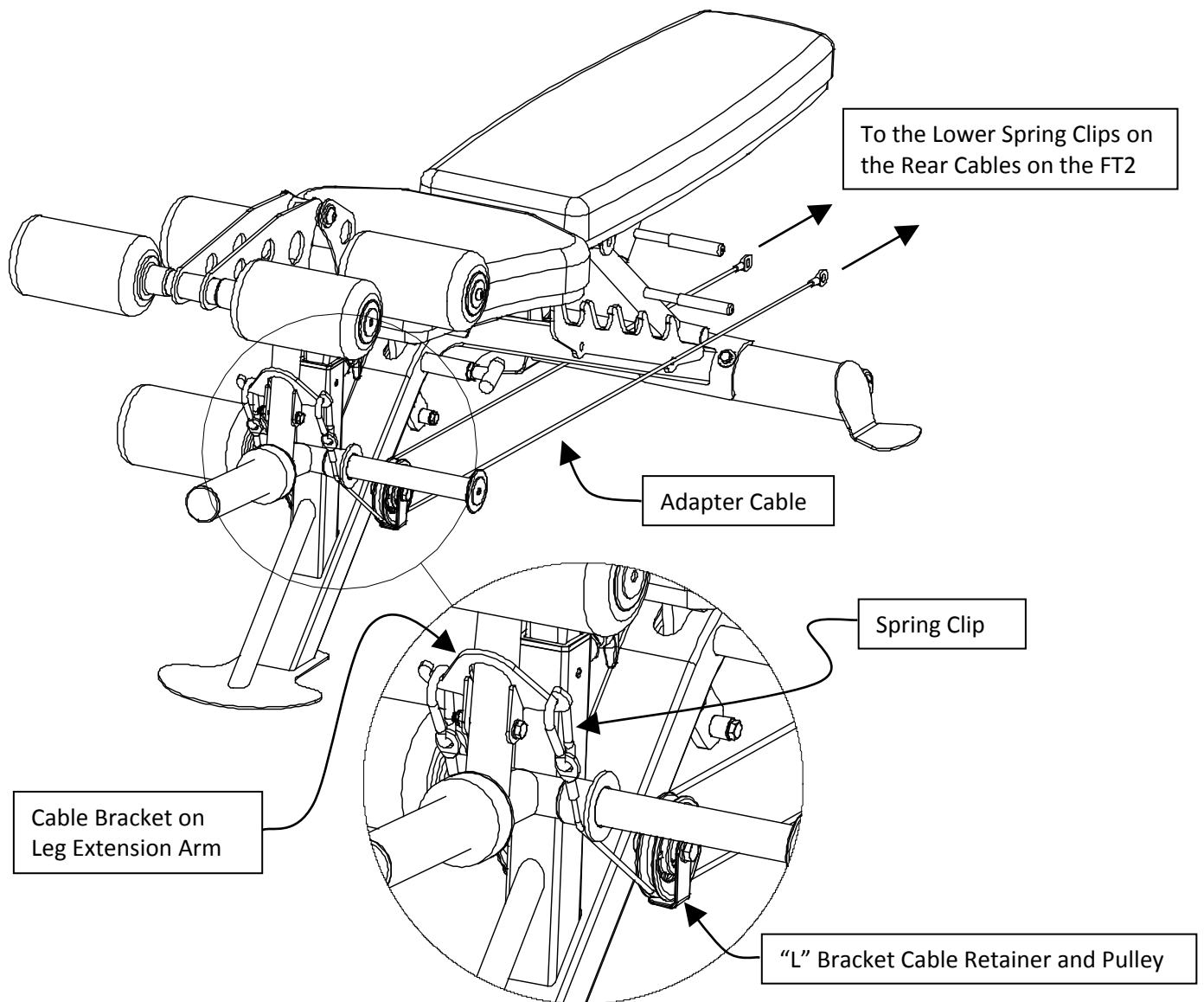


Step 1: Attach two 3 ½" Pulleys, two "L" Bracket Cable Retainers, and two Barrel Spacers to Bench Frame using one M10x180 Hex bolt, two M10 Flat washers, and one M10 Lock Nut.

Note: Be sure "L" Bracket Cable Retainers are facing downward as shown in the figure above. Tighten the M10x180 Hex Bolt, but do not over tighten.

Step 2: Attach the Cable Bracket to the Leg Extension Arm using one M8x60 Hex Bolt, two M8 Flat washers, and one M8 Lock Nut. Tighten Lock Nut.

Leg Extension to FT2 Adapter Kit Assembly Steps



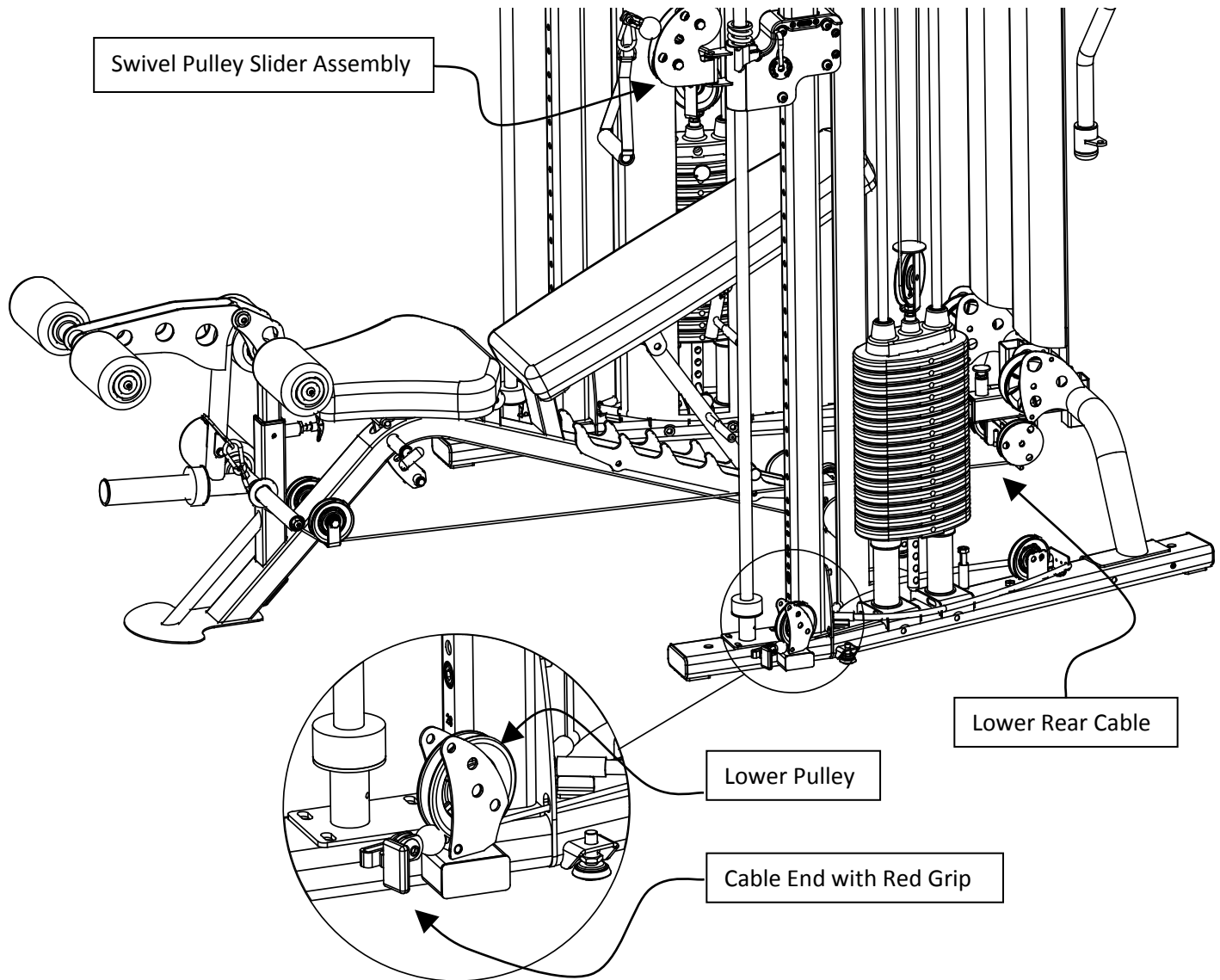
Step 3: Attach one end of the Adapter Cable to the Lower Spring Clip on the Rear Cable of the FT2 machine.

Route the Adapter Cable between the “L” Bracket Cable Retainer and the Pulley. The “L” Bracket Cable Retainer is made of a tough flexible plastic that will allow the cable to be attached without loosening the bolt, but do not over bend this Bracket.

Attach a Spring Clip the other end of the Adapter Cable and slide it onto the Cable Bracket on the Leg Extension Arm.

Repeat these steps for the other Adapter Cable.

Leg Extension to FT2 Adapter Kit Assembly Steps



Optional method of attaching the Leg Extension to the FT2

The Leg Extension can be connected directly to the Lower Spring Clips on the Rear Cable of the FT2 as follows:

Unhook the Cable End with the Red Grip from the Swivel Pulley Slider Assembly on the front chromed Upright Tube and let it rest against the Lower Pulley as shown above.

Move the Swivel Pulley Slider Assembly to the top hole in the front chromed Upright Tube.

Pull the Lower Rear Cable forward and attach it to the Leg Extension as noted in Step 3.

Repeat these steps for the other side cable.